

#I-BEST : International Barometer of Education Staff

Edition 2023



A biannual international survey to assess health factors and the health and well-being at work of education personnel and to help improve their condition around the world.

JAPAN



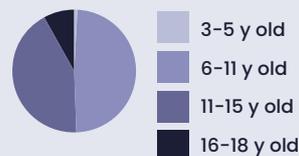
Hundreds of education staff* surveyed online
Between February and June 2023

Number of participants: **561**
94% are teachers
54% are women
50% work in primary school
Age \approx **43** years old

Gender



Age of pupils



Full-time / Part-time



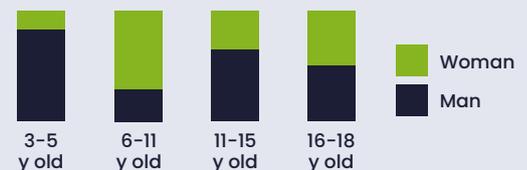
Seniority



Role



Age of pupils



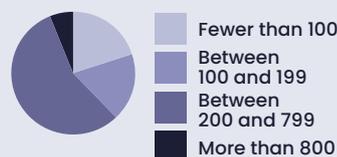
School sector



School type



Number of pupils in the school



School environment



* Online questionnaire relayed by JIU.

Adjustment: weighting procedure considering the gender, the age group (<30, 30-49, ≥50) and the level of education (preschool+primary, secondary). Source: OECD, 2020

All statistics presented in the report are weighted. For this 2nd edition, the survey has been opened up to several categories of staff (administrative, guidance, health, support, etc.), whereas the 1st edition in 2021 was addressed to teachers only.



Health and well-being of education staff

Quality of life

Where do you currently place yourself on the ladder?

Best possible life 1 2 3 4 5 6 7 8 Worst possible life

For all staff



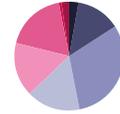
By seniority



Fewer than 5 years



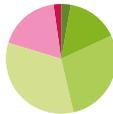
5-30 years



More than 30 years

How do you rate your health?

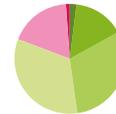
For all staff



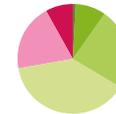
By seniority



Fewer than 5 years



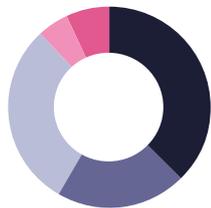
5-30 years



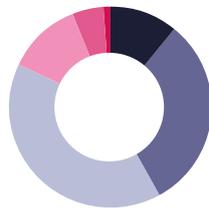
More than 30 years

Excellent
Very good
Good
Fair
Rather poor
Poor

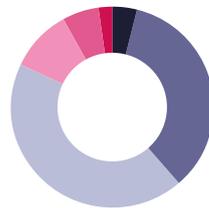
Frequency of negative feelings (anxiety, depression, hopelessness...)



Fewer than 5 years



5-30 years
Seniority

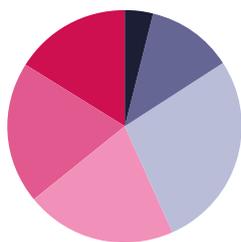


More than 30 years

Never
Rarely
Sometimes
Often
Very often
Always



Work/life balance



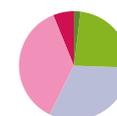
For all staff

Very good
Good
Quite good
Not good or bad
Quite bad
Very bad

Satisfaction with sleep



Fewer than 5 years



5-30 years



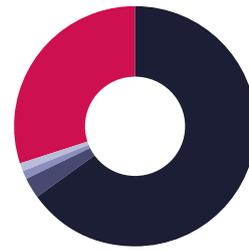
More than 30 years

Very satisfied
Satisfied
Not satisfied or dissatisfied
Dissatisfied
Very dissatisfied

Health conditions, information and support

Occupational medicine

Frequency of occupational medical appointments



Health-related information

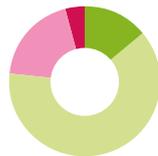
In general, do you feel that you are well informed about health issues?



Do you know your rights regarding occupational health?



To what extent are these persons concerned about staff health and well-being?



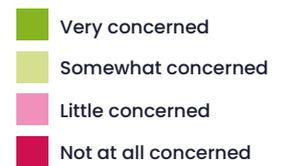
School administration



The hierarchy



The unions



Social protection

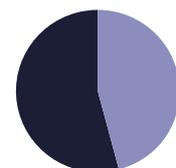
Do you have access to training and/or prevention resources on health/well-being?



If yes, do you use / have you used them?



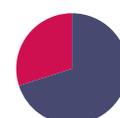
Gender



In the past year, have you given up treatment because of financial problems?



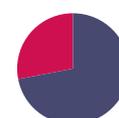
Worked while sick (last 12 months)



≤ 35 y old



36-50 y old



> 50 y old



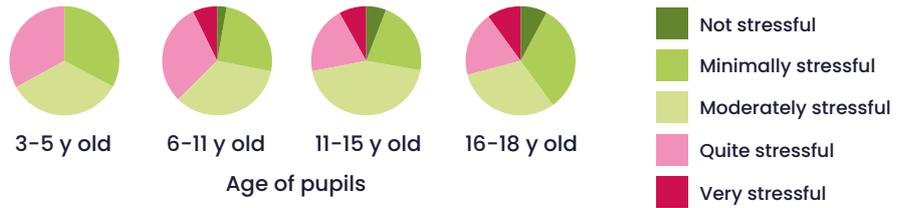
Age of the staff



Working conditions

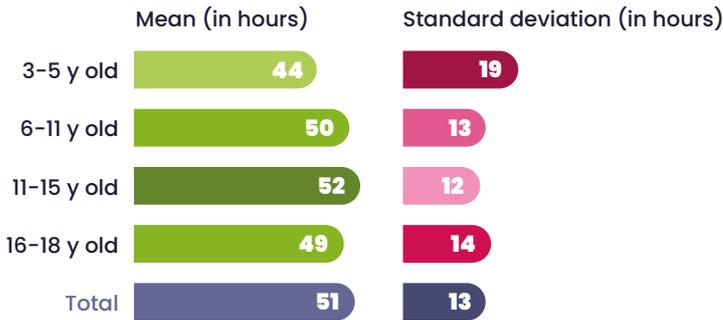
Stress at work

How stressful has your job been since the start of the school year?

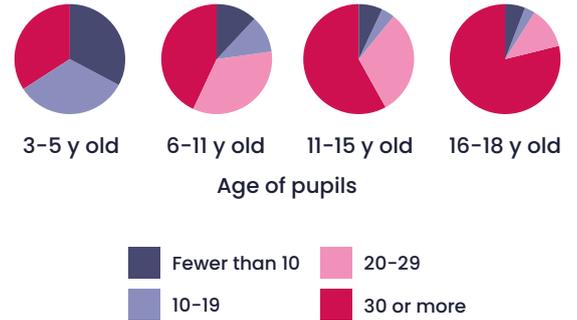


Workload

Number of actual hours worked per week



Average number of pupils in classes taught



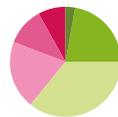
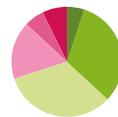
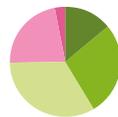
Career development opportunities

Evaluation of the opportunities of promotion

For all staff



By seniority



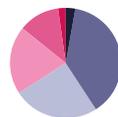
Very good 1 2 3
4 5 6 Very bad

Evaluation of the opportunities of training

For all staff



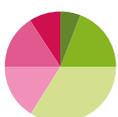
By seniority



Très bon 1 2 3
4 5 6 Très mauvais

Evaluation of salary

For all staff



By seniority



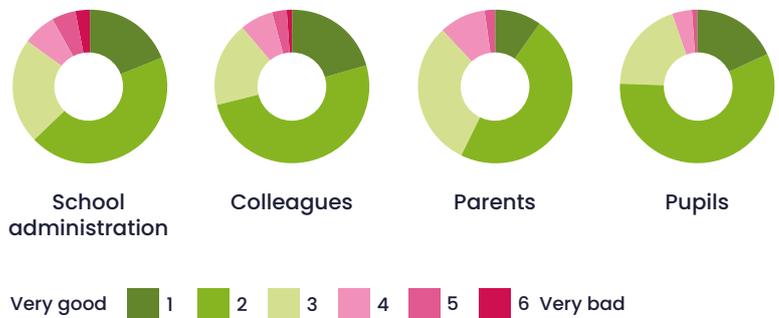
Very good 1 2 3
4 5 6 Very bad

School environment and social relationships at work

School climate



How do you currently rate the quality of your relationship with the following stakeholders?



Violence at work

At work, have you witnessed violence in the past 12 months?

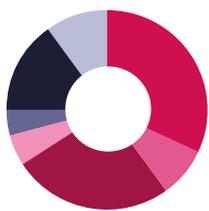


Have you been the victim of workplace violence in the past 12 months?

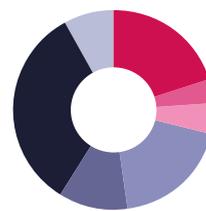


Types of suffered violences according to stakeholders

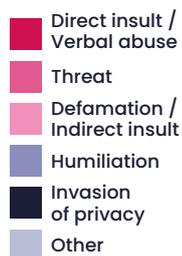
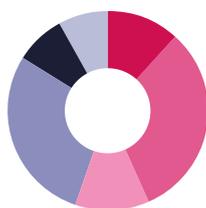
Pupils (2.3% of staff concerned)



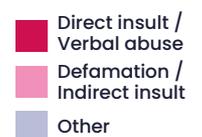
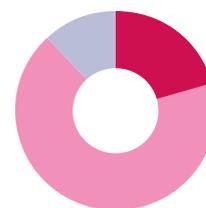
Members of the school staff (1.8% of staff concerned)



Parents (1.1% of staff concerned)



Persons external to the school (0.4% of staff concerned)



Social recognition

Social status and job satisfaction

To what extent do you agree or disagree with the following statements?
By seniority.

Strongly agree Agree Disagree Strongly disagree

The advantages of my job far outweigh the disadvantages



If I had to do it again, I would choose my profession again



I have the impression that my profession is valued by society

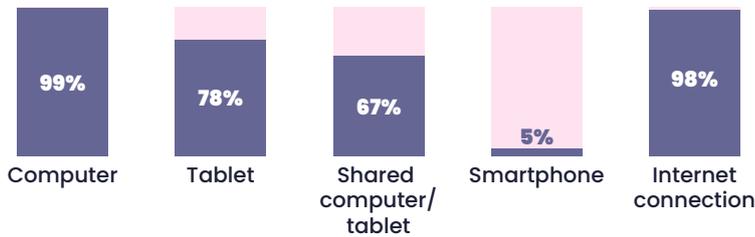


Overall, I am satisfied with my job

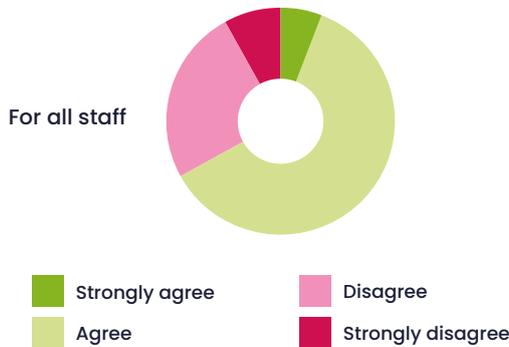


Teaching in the digital age

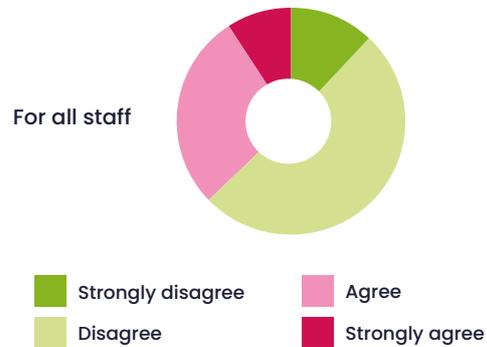
“Do you have the following tools for work?”



“In my job, digital tools make my work easier”



“The use of digital technology in my work is a source of stress for me”



In partnership with:



Education International
Internationale de l'Éducation
Internacional de la Educación
Bildungsinternationale



UNESCO CHAIR
Global Health
& Education